

Class of 2025: Personal Development Studies

Long Term Plan 2021/2022

| | Week 1 | Week 2 | Week 3 | Week 4 | Week 5 | Week 6 | Week 7 | Week 8 | Week 9 | Week 10 | Week 11 | Week 12 | Week 13 | | |
|----------------|---|---|---|---|---|---|--|---|--|---|---|---|---|---|--|
| Cycle 1 | W/C 06/09 | W/C 13/09 | W/C 20/09 | W/C 27/09 | W/C 04/10 | W/C 11/10 | W/C 18/10 | W/C 01/11 | W/C 08/11 | W/C 15/11 | W/C 22/11 | W/C 29/11 | W/C 06/12 | | |
| | Health and wellbeing: H23, H24, H25, H26, H27, H29, H31, H5, R42, R44 | | | | Relationships: L5, L10, R3, R4, R37, R39, R40, R41, R42, R43 | | | | Health and wellbeing: H3, H4, H6, H7, H8, H9, H10, H11, H12, L24, | | | | Data and Planning days 6 and 7 December | | |
| | Term 1 | Lesson: Introduction to PDS; academy mission and values | Lesson: Effects of smoking on the body | Lesson: How to manage influences in relation to substance abuse | Lesson: How to avoid group thinking and identify persuasion | Lesson: How to recognise and challenge homophobia and biphoba | Lesson: How to recognise and challenge racism | Term 2 | | Lesson: Media stereotypes and body image | Lesson: Importance of mental health | Lesson: Myths and stigmas associated with mental health | Lesson: Understanding unhealthy coping strategies | Lesson: Understanding healthy coping strategies | |
| | Assembly: Academy mission and values | Assembly: Year Group identity and sentence | Assembly: Smoking, the law and negative peer influences | Assembly: Drugs, the law and negative peer influences | Assembly: Challenging stereotypes | Assembly: Celebrating diversity | Assembly: British values | Assembly: Protective characteristics | Assembly: Body image and stereotypes | Assembly: Physical health and mental health | Assembly: Respecting yourself and others | Assembly: Understanding unhealthy coping strategies | Assembly: Understanding healthy coping strategies | | |
| Cycle 2 | W/C 13/12 | W/C 20/12 | W/C 03/01 | W/C 10/01 | W/C 17/01 | W/C 24/01 | W/C 31/01 | W/C 07/02 | W/C 14/02 | W/C 28/02 | W/C 07/03 | W/C 14/04 | W/C 21/03 | | |
| | Living in the wider world: R39, R41, L3, L8, L9, L10, L11, L12 | | | | | | Relationships: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32 | | | | | | | | |
| | Lesson: Universities and apprenticeships | School closed 23 / 24 December | Term 3 | | Lesson: What do Sixth Forms and colleges offer? | Lesson: Personal goal setting | Lesson: Rights and responsibilities of being a British citizen | Lesson: Unhealthy and healthy relationships | Lesson: Understanding gender identity | Lesson: Sexual orientation | Term 4 | | Lesson: Risks of 'sexting' | Lesson: Consent and the law | Lesson: Understanding basic forms of contraception |
| | Assembly: Universities and apprenticeships | Assembly: Understanding different careers | Assembly: Challenging employment stereotypes | Assembly: Sixth Forms and colleges | Assembly: GCSEs – A Levels transition | Assembly: British values | Assembly: Unhealthy and healthy relationships | Assembly: Understanding gender identity | Assembly: Sexual orientation | Assembly: Sexual harassment | Assembly: Risks of 'sexting' | Assembly: Consent and the law | Assembly: Staying safe online | | |
| Cycle 3 | W/C 28/03 | W/C 04/04 | W/C 25/04 | W/C 02/05 | W/C 09/05 | W/C 16/05 | W/C 23/05 | W/C 06/06 | W/C 13/06 | W/C 20/06 | W/C 27/06 | W/C 04/07 | W/C 11/07 | | |
| | Living in the wider world: R15, R39, L1, L4, L5, L9, L10, L12, H32, L15, L16, L17, L18 | | | | | | | | | | | | | | |
| | Data and Planning days 30 and 31 March | Lesson: What is self-employment? | Term 5 | | Bank Holiday 2 May | Lesson: Media reliability trusting online content | Lesson: Age restrictions and online gambling | Lesson: Gambling Addiction | Term 6 | | Data and Planning days 14 and 15 July | Lesson: Employability skills: Punctuality | Lesson: Employability skills: interview technique | Lesson: Opportunities for career progression | Lesson: Career pathways |
| | Assembly: Safe use of social networking sites | Assembly: Different types of employment | Assembly: Being an active British citizen | Assembly: Rights and responsibilities | Assembly: Media reliability and trusting online content | Assembly: Age restrictions and online gambling | Assembly: Gambling Addiction | Assembly: Financial security online | Assembly: What skills do employers value? | Assembly: Employability skills: Punctuality | Assembly: Employability skills: interview technique | Assembly: Opportunities for career progression | Assembly: Changing patterns of employment | | |

