

Class of 2023: Personal Development Studies

Long Term Plan 2021/2022

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	
Cycle 1	W/C 06/09	W/C 13/09	W/C 20/09	W/C 27/09	W/C 04/10	W/C 11/10	W/C 18/10	W/C 01/11	W/C 08/11	W/C 15/11	W/C 22/11	W/C 29/11	W/C 06/12	
	Health and wellbeing: H19, H20, H21, R20, R35, R36,R37				Relationships: R39, R40, R41, R3, R4, R42, R43				Health and wellbeing: H3, H4, H6, H7, H8, H9, H10, H11, H12, L24				Data and Planning days 6 and 7 December	
	Term 1	Lesson: My Sentence	Lesson: Effects of smoking on the body	Lesson: How to manage influences in relation to substance abuse	Lesson: Communities, inclusion and belonging	Lesson: Equality Act, diversity and values	Lesson: Extremism: case scenarios	Term 2		Lesson: Reframing negative thoughts	Lesson: Body image and stereotypes	Lesson: Body image and stereotypes	Lesson: Mental health in the media	Lesson: Understanding healthy coping strategies
	Assembly: Academy mission and values	Assembly: Year Group identity and sentence	Assembly: Smoking, the law and negative peer influences	Assembly: Managing influences and exit strategies	Assembly: LGBT+	Assembly: Protective Characteristics	Assembly: What is extremism?	Assembly: What is radicalisation?	Assembly: Challenges in adolescence	Assembly: Body image and stereotypes	Assembly: Body image and stereotypes	Assembly: Understanding unhealthy coping strategies	Assembly: Understanding healthy coping strategies	
W/C 13/12	W/C 20/12	W/C 03/01	W/C 10/01	W/C 17/01	W/C 24/01	W/C 31/01	W/C 07/02	W/C 14/02	W/C 28/02	W/C 07/03	W/C 14/04	W/C 21/03		
Living in the wider world: R39, R41, L3, L8, L9, L10, L11, L12						Relationships: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32								
Lesson: Budgeting and saving options	School closed 23 / 24 December	Term 3	Lesson: Work Experience Preparation	Lesson: Work Experience Preparation	Lesson: Rights and responsibilities of being a British citizen	Lesson: Sex as part of relationships	Lesson: Sexual intercourse	Lesson: Sex as part of relationships	Term 4		Lesson: The 'right' time to have sex: relationships and consent	Lesson: Consent and the law	Lesson: Understanding basic forms of contraception	
Assembly: Role of money in the modern world	Assembly: Preventing debt	Assembly: Where to seek financial advice and support	Assembly: Work Experience Preparation	Assembly: Work Experience Preparation	Assembly: British values	Assembly: Healthy relationships	Assembly: Understanding gender identity	Assembly: Sexual orientation	Assembly: Sexual harassment	Assembly: Consent and the law	Assembly: How drugs and alcohol can affect sexual activity	Assembly: Understanding basic forms of contraception		
W/C 28/03	W/C 04/04	W/C 25/04	W/C 02/05	W/C 09/05	W/C 16/05	W/C 23/05	W/C 06/06	W/C 13/06	W/C 20/06	W/C 27/06	W/C 04/07	W/C 11/07		
Living in the wider world: R15, R39, L1, L4, L5, L9, L10, L12, H32, L15, L16, L17, L18														
Data and Planning days 30 and 31 March	Lesson: Strengths and interests for career development	Term 5	Bank Holiday 2 May	Lesson: Overcoming challenges	Lesson: Knowing our responsibilities	Lesson: Reflections from Work Experience	Term 6		Data and Planning days 14 and 15 July	Lesson: Being Year 11 Ready: How to revise	Lesson: Being Year 11 Ready: How to revise	Lesson: Being Year 11 Ready: personal goal setting	Lesson: Being Year 11 Ready: personal goal setting	
Assembly: Career Focus: Lawyer	Assembly: Career Focus: Doctor	Assembly: Career Focus: Engineer	Assembly: Career Focus: Dentist	Assembly: Career Focus: Teacher	Assembly: Career Focus: Banking	Assembly: Career Focus: Media and Advertising	Assembly: Career Focus: Musician	Assembly: Career Focus: Museums and Tourism	Assembly: Career Focus: Performing Arts	Assembly: Career Focus: Animation	Assembly: Career Focus: Journalism	Assembly: Career Focus: Civil Service		



