

Class of 2022: Personal Development Studies

Long Term Plan 2021/2022

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	
Cycle 1	W/C 06/09	W/C 13/09	W/C 20/09	W/C 27/09	W/C 04/10	W/C 11/10	W/C 18/10	W/C 01/11	W/C 08/11	W/C 15/11	W/C 22/11	W/C 29/11	W/C 06/12	
	Living in the Wider World: L1, L2, L3, L4, L6, L7, L8, L11, L12, L21								Health and wellbeing: H2, H3, H4, H8, H12, L22				Data and Planning days 6 and 7 December	
	Term 1	Lesson: University and apprenticeships	Lesson: University and apprenticeships	Lesson: Post-16 Options: Sixth Forms and Colleges	Lesson: Post 16 Options: Sixth Forms and Colleges	Lesson: A Levels and BTECs	Lesson: Sixth Form Applications	Term 2		Lesson: Developing motivation and resilience	Lesson: Balancing ambition and realistic expectations	Lesson: Managing time online	Lesson: Stress management and coping strategies	Lesson: Healthy sleeping habits
	Assembly: Academy mission and values	Assembly: University and apprenticeships	Assembly: University and apprenticeships	Assembly: Post-16 Options: Sixth Forms and Colleges	Assembly: Post 16 Options and Pathways	Assembly: A Levels and BTECs	Assembly: Sixth Form Applications	Assembly: Sixth Form Applications	Assembly: Positive role models from around the world	Assembly: Work-life balance	Assembly: Managing time online	Assembly: Stress management and coping strategies	Assembly: Healthy sleeping habits	
W/C 13/12	W/C 20/12	W/C 03/01	W/C 10/01	W/C 17/01	W/C 24/01	W/C 31/01	W/C 07/02	W/C 14/02	W/C 28/02	W/C 07/03	W/C 14/04	W/C 21/03		
Health and wellbeing: H2, H3, H4, H8, H12, L22							Relationships: H35, H36, R4, R5, R10, R16, R18, R24, R25, R26, R27, R29, R30, R32							
Cycle 2	Lesson: Exploitation and county lines	School closed 23 / 24 December	Term 3	Lesson: Diet and nutrition	Lesson: Vaccinations and Immunisations	Lesson: Accessing doctors, sexual health clinics, opticians, dentist	Lesson: Unhealthy and healthy relationships	Lesson: Understanding gender identity	Lesson: Sexual orientation	Term 4		Lesson: Risks of 'sexting'	Lesson: Consent and the law	Lesson: Understanding basic forms of contraception
	Assembly: Exploitation and county lines	Assembly: Exploitation and county lines	Assembly: Healthy lifestyles	Assembly: Diet and nutrition	Assembly: Vaccinations and Immunisations	Assembly: Accessing doctors, sexual health clinics, opticians, dentist	Assembly: Unhealthy and healthy relationships	Assembly: Understanding gender identity	Assembly: Sexual orientation	Assembly: Sexual harassment	Assembly: Risks of 'sexting'	Assembly: Consent and the law	Assembly: Staying safe online	
Cycle 3	W/C 28/03	W/C 04/04	W/C 25/04	W/C 02/05	W/C 09/05	W/C 16/05	W/C 23/05	W/C 06/06	W/C 13/06	W/C 20/06	W/C 27/06	W/C 04/07	W/C 11/07	
	Living in the wider world: R15, R39, L1, L4, L5, L9, L10, L12, H32, L15, L16, L17, L18													
	Data and Planning days 30 and 31 March	Lesson: What is self-employment?	Term 5	Bank Holiday 2 May	Lesson: Media reliability trusting online content			Term 6		Data and Planning days 14 and 15 July				
	Assembly: Safe use of social networking sites	Assembly: Different types of employment	Assembly: Being an active British citizen	Assembly: Rights and responsibilities	Assembly: Media reliability and trusting online content									

