

15 September 2022

Dear families

I am writing to let you know about Dixon Fazakerley Academy's work with Place2Be, a national charity supporting schools to improve the confidence and wellbeing of children and young people.

Place2Be provides emotional and therapeutic support to children and young people, families and staff in more than 450 schools nationwide.

It gives children and young people a space to express themselves through talking and creative work, and to think about any worries they might have. Place2Be also provides support for parents and staff too. Some information is enclosed to tell you more about Place2Be and its work.

Place2Talk

One of the most popular aspects of this service is called 'Place2Talk'. It is open to all children and young people at Dixon Fazakerley Academy, and they can make an appointment to spend 15 minutes with a trained counsellor, either by themselves or with a friend. On average, about a third of children and young people who access the service in schools take advantage of this service every year. Children and young people often talk about friendships or any worries they may have.

Place2Be will record your child's name, date of birth, year group, gender, ethnicity, the broad topic of discussion and any actions taken as a result of the session. This information is stored securely. It is used in key coded form to evaluate Place2Be's service and improve our work. Please see the separate sheet for more information on this.

Parental Agreement for Accessing Place2Talk

Unless we hear otherwise from you, the school and Place2Be will assume that your child has parent / carer permission to come to Place2Talk.

If you **do not** want your child to participate in Place2Talk please email skokosalakis@dixonsfa.com.

If you would like to find out more, or would prefer that your child does not use this service, please contact **Ian Smith or Cayleigh Hannant** Mental Health Practitioners on **07890 901 109 / 07971 390 960** or Email: ian.smith@place2be.org.uk / cayleigh.hannant@place2be.org.uk who will be very happy to answer any questions.

Yours faithfully

Ms S Kokosalakis
Vice Principal

