

9 October 2023

Dear families

I am writing to you regarding our Personal Development Studies (PDS) curriculum, sometimes also referred to as Personal, Social and Health Education (PSHE). The curriculum incorporates the teaching of Relationships and Sex Education (RSE), Careers and Citizenship.

Our PDS curriculum aims to ensure:

- students know how to be safe and healthy.
- students know how to manage their academic, personal and social lives in a positive way.
- students understand the increasingly complex world we live in and the positive and exciting opportunities it offers, but also the challenges and risks it poses.

All students attend one PDS lesson per week and the curriculum is also covered in Morning Meeting and through other subjects including RE, science, computer science, design technology and PE.

As a school we work closely with families to ensure they are aware of the curriculum offer for their children. To this end I would like to invite you to review our PDS curriculum principles and long term plans on our school website here: <https://www.dixonsfa.com/why/pds-curriculum>.

If you have any questions about the PDS curriculum I will be available for a drop-in session on Friday 13 October from 2.45pm to 4pm. In addition there will be a PDS stand at all forthcoming parents' evenings where you will be able to review the curriculum documentation and lesson resources and ask questions.

Yours faithfully



Mrs S Kokosalakis
Vice Principal

