

## Mountain Rescue

February 2022

A warm welcome to the first SENDCO Newsletter! Here you will find information and ideas to support students and families. We have included advice on wellbeing, SEND resources and mental health. As an Individual Needs department we are working very hard to ensure all students have access to a high education, regardless of any barriers they may face. We have introduced a wide range of new and exciting interventions which our students are really engaging with, however we are constantly reviewing our offer and adapting to meet the needs of our students.

Our Mountain Rescue support is constantly changing and progressing; we now have a dedicated area for our interventions. This area is a safe space for our students to go and carry out their small group interventions. Students with identified needs can also access this room when they feel as though they are in crisis and it is also available during lunch a break times.

Miss Robbin
Assistant Headteacher (SENDCO)

#### The Individual Needs Team

Miss A. Robbin

Ms J. Spencer

Miss H. Nelson

Mrs C. Gregory

Ms E. Horrocks

Miss E. Hughes

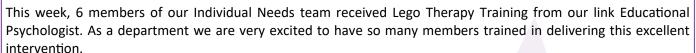
Ms J. Moores

Mrs J. Simms

Mr P. Stackpoole

### Intervention Focus

### **Lego Therapy**



At Dixons Fazakerley Academy, our team in Mountain Rescue deliver Lego Therapy intervention sessions as a therapeutic approach to develop social and communication skills. The programme is to support our students with ASC or those who are on the ASD pathway. It is a 'collaborative therapy' in which our students work together in a group of three student to build Lego models. Lego Therapy teaches turn taking, sharing, making eye contact when needed and social rules (using greetings) Children are encouraged to swap roles and tasks and engage in intelligent conflict, resolution and social problem solving with very little adult intervention.

### **Student Voice**

"I am really determined to be successful at Dixons Fazakerley Academy and feel that the school is really going to help me achieve this. I feel that I have settled in really well and feel supported by everyone"- LB

"One of interests is building Lego. It is fun to collect especially the different figures. This really helps when I feel stressed at home. I also attend Lego therapy in School and this has improved my communication skills greatly. At home, I always play with my Lego and I love building it. Building is relaxing and it helps to stay calm"- LF

"My favourite subject is Maths. I take part in Lego Therapy once a week and really enjoy it because we all get to communicate with each other through Lego. Lego Therapy really helps me with my speaking and listening skills"- AB

### **Appreciations**

Staff, students and families please send us via email the name of someone you would like to thank.

admin@fazakerleyhigh.org

DIXONS FAZAKERLEY ACADEMY
Sherwoods Lane, Fazakerley L10 1LB
Phone: 0151 524 4530
Email: info@dixonsfa.com
www.dixonsfa.com
Principal: Chris Wilson

### **External Agencies**

#### **ADDvanced Solutions**

Receiving an autism (ASD) diagnosis for your child can evoke many different emotions. In some respects, you may feel relieved but equally overwhelmed and confused about what to do next.

Our Autism Post-Diagnosis Learning Programme has been developed to guide you through your journey. As well as learning about how autism is experienced by children and young people, you'll explore strategies on how you can support your child so they can achieve their full potential.

### The sessions will cover a range of useful topics:

- Understanding autism Communication skills
- Discussing a diagnosis
- Promoting self-esteem
- Autism and girls
- Talking about health Sensory processing differences
- Building positive relationships
- Unique thought processes & special interests
- Educational settings: working together
- Stress and anxiety
- Managing transition

To sign up on a new course please contact www.addvancedsolutions.co.uk



# Introduction to Laura Hall ADHD Foundation

I am a therapeutic practitioner who has several years' experience working with children and young people in a variety of settings. I am able to offer 1:1 therapeutic support and interventions tailored to the young person's needs, with the aim of helping them to achieve their goals. As a parent of children with neurodevelopment differences, I am passionate about supporting both young people and their families to work together positively, building upon their



Walk in Service and Opening Times listed below:

#### (for all 5-25 year olds & parents/carers from Liverpool and Knowsley) From 4th January 2022 Struggling with your mental health Monday 10am - 8pm · Yourself or your child are in a crisis Tuesday 10am - 8pm Feeling lonely & isolated Wednesday 10am - 8pm Need a listening ear Thursday 10am - 8pm Friday 10am - 8pm Saturday 1pm - 6pm

Available at all 3 Community Hubs

