Motor Competence TC1

Rules TC2 Tactics TC3 Strategies TC4 Healthy Participation TC5

Within our curriculum design, we have carefully considered how to sequence and interleave the threshold concepts within our subjects so that students are able to build and develop secure schema over time. The table below shows how we have mapped our threshold concepts throughout our Physical Education curriculum

## Year 7

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
4/9/23	11/9/23	18/9/23	25/9/23	2/10/23	9/10/23	16/10/23	6/11/23	13/11/23	20/11/23	27/11/23	4/12/23	11/12/23
Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Gym	Gym	Gym
										•	· 1	,
Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Football	Football	Football
Football	Football	Football	Football	Football	Football	Football	Football	Football	Football	Badminton	Badminton	Badminton
Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Rugby	Rugby	Rugby
What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency?

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 1
HERE]	18/12/23	8/1/24	15/1/24	22/1/24	29/1/24	5/2/24	19/2/24	26/2/24	4/3/24	11/3/24	18/3/24	25/3/24	15/4/24
Cycle 2: [NAME UNIT HERE]	Gym Football Badminton Rugby	Basketball Hockey Basketball Hockey	Basketball Hockey Basketball Hockey	Basketball Hockey Basketball Hockey	Basketball Hockey Basketball Hockey	Basketball Hockey Basketball Hockey	Basketball Hockey Basketball Hockey						
	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
LIND	22/4/24	29/4/24	6/5/24	13/5/24	20/5/24	27/5/24	10/6/24	17/6/24	24/6/24	1/7/24	8/7/24	15/7/24	
Cycle 3: [NAME UNIT HERE]	Basketball Hockey	Basketball Hockey	Basketball	Basketball	Athletics Rounders	Athletics	Athletics Rounders	Athletics Rounders	Athletics Rounders	Athletics	Athletics	Athletics Rounders	Intervention
Cycle	Basketball Hockey	Basketball Hockey	Hockey Basketball Hockey	Hockey Basketball Hockey	Cricket Athletics	Rounders Cricket Athletics	Cricket Athletics	Cricket Athletics	Cricket Athletics	Rounders Cricket Athletics	Rounders Cricket Athletics	Cricket Athletics	

## Year 8

	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	
	4/9/23	11/9/23	18/9/23	25/9/23	2/10/23	9/10/23	16/10/23	6/11/23	13/11/23	20/11/23	27/11/23	4/12/23	11/12/23
Week 1	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Gym	Gym	Gym
	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Football	Football	Football
	Football	Football	Football	Football	Football	Football	Football	Football	Football	Football	Badminton	Badminton	Badminton
	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Rugby	Rugby	Rugby
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	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 1
Cycle 2: [NAME UNIT HERE]	18/12/23	8/1/24	15/1/24	22/1/24	29/1/24	5/2/24	19/2/24	26/2/24	4/3/24	11/3/24	18/3/24	25/3/24	15/4/24
F	Gym	Gym	Gym	Gym	Gym	Gym	Gym	Team	Team building	Team	Team building	Team building	Team
EU	Football	Football	Football	Football	Football	Football	Football	building	Fitness	building	Fitness	Fitness	building
ΑM	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Fitness	Team building	Fitness	Team building	Team building	Fitness
≥	Rugby	Rugby	Rugby	Rugby	Rugby	Rugby	Rugby	Team	Fitness	Team	Fitness	Fitness	Team
e 2								building	Titliess	building	Titiless	Titiless	building
Cyc								Fitness		Fitness			Fitness
	Developing a	Developing	Decision	Why do we	Positive team	Active	Why is	What is	Fundamental	Movement	Developing a	Developing	Decision
	growth	tactical	making?	have Rules?	player?	healthy	knowledge	ready	movement	proficiency?	growth mindset?	tactical	making?
	mindset?	understanding?				lifestyles?	important?	position?	skills?			understanding?	
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cyde 3: [NAME UNIT HERE]	22/4/24	29/4/24	6/5/24	13/5/24	20/5/24	27/5/24	10/6/24	17/6/24	24/6/24	1/7/24	8/7/24	15/7/24	
N	Team	Team building	Team building	Team building	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Intervention
ME	building	Fitness	Fitness	Fitness	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders	
Ā	Fitness	Team building	Team building	Team building	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	
3:[]	Team	Fitness	Fitness	Fitness	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	
9	building												
خَ	Fitness												
	Why do we	Positive team	Active healthy	Why is	What is ready	Fundamental	Movement	Developing a	Developing	Decision	Why do we have	Positive team	
	have Rules?	player?	lifestyles?	knowledge	position?	movement skills?	proficiency ?	growth mindset?	tactical	making?	Rules?	player?	
				important?		SKIIIS!		mmusetr	understanding?				

## Year 9

ball	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Mark 12
e 1: Badminton Neti FootballGymnastics													Week 13
ton nna	4/9/23	11/9/23	18/9/23	25/9/23	2/10/23	9/10/23	16/10/23	6/11/23	13/11/23	20/11/23	27/11/23	4/12/23	11/12/23
min Gyn	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Gym	Gym	Gym
3ad oall	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Football	Football	Football
1: F 20tl	Football	Football	Football	Football	Football	Football	Football	Football	Football	Football	Badminton	Badminton	Badminton
Cycle 1: Badminton Netball FootballGymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Gymnastics	Rugby	Rugby	Rugby
	What is ready	Fundamental movement	Movement proficiency ?	Developing a growth	Developing tactical	Decision making?	Why do we have Rules?	Positive team player?	Active healthy	Why is knowledge	What is ready position?	Fundamental movement	Movement proficiency ?
	position?	skills?	projiciency :	mindset?	understanding?	muking:	liave kules:	player:	lifestyles?	important?	position:	skills?	projiciency :
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 1
Æ]	18/12/23	8/1/24	15/1/24	22/1/24	29/1/24	5/2/24	19/2/24	26/2/24	4/3/24	11/3/24	18/3/24	25/3/24	1-1-1-
Cycle 2: [NAME UNIT HERE]													15/4/24
N N	Gym	Gym	Gym	Gym	Gym	Gym	Gym	Team	Team building	Team	Team building	Team building	Team
ME	Football	Football	Football	Football	Football	Football	Football	building	Fitness	building	Fitness	Fitness	building
N. S.	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Fitness	Team building	Fitness	Team building	Team building	Fitness
2: [	Rugby	Rugby	Rugby	Rugby	Rugby	Rugby	Rugby	Team	Fitness	Team	Fitness	Fitness	Team
ycle								building		building			building
0								Fitness		Fitness			Fitness
	Developing a growth	Developing tactical	Decision making?	Why do we have Rules?	Positive team player?	Active	Why is knowledge	What is ready	Fundamental movement	Movement proficiency?	Developing a growth mindset?	Developing tactical	Decision making?
	mindset?	understanding?	muxmy:	nave nules:	player:	healthy lifestyles?	important?	position?	skills?	projiciency:	growth minuset:	understanding?	muking:
						inestyles:							
ı													
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 3: [NAME UNIT HERE]	22/4/24	29/4/24	6/5/24	13/5/24	20/5/24	27/5/24	10/6/24	17/6/24	24/6/24	1/7/24	8/7/24	15/7/24	
늘	_												
בֿ ב	Team	Team building	Team building	Team building	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Intervention
₩	building	Fitness	Fitness	Fitness	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders	Rounders	
2	Fitness	Team building	Team building	Team building	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	Cricket	
e 3:	Team building	Fitness	Fitness	Fitness	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	Athletics	
γc	Fitness												
5	111111111111111111111111111111111111111												

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	
<u>ear 10</u>													
Netball stics	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
n Ne astics													
nton	4/9/23	11/9/23	18/9/23	25/9/23	2/10/23	9/10/23	16/10/23	6/11/23	13/11/23	20/11/23	27/11/23	4/12/23	11/12/23

tball	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
n Ne													
ᇳ	4/9/23	11/9/23	18/9/23	25/9/23	2/10/23	9/10/23	16/10/23	6/11/23	13/11/23	20/11/23	27/11/23	4/12/23	11/12/23
: Badmir tballGyr	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Netball	Table tennis	Table tennis	Table tennis
Bad ball	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Badminton	Football	Football	Football
6 6	Football	Football	Football	Football	Football	Football	Football	Football	Football	Football	Badminton	Badminton	Badminton
ycle Fe	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Table tennis	Football	Football	Football
	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 1
. HERE]	18/12/23	8/1/24	15/1/24	22/1/24	29/1/24	5/2/24	19/2/24	26/2/24	4/3/24	11/3/24	18/3/24	25/3/24	15/4/24
Cycle 2: [NAME UNIT	Table tennis Football Badminton Football	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness									
	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Cycle 3: [NAME UNIT		29/4/24	6/5/24	13/5/24	20/5/24	27/5/24	10/6/24	17/6/24	24/6/24	1/7/24	8/7/24	15/7/24	

Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Athletics Rounders Cricket Athletics	Intervention							
Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	

## <u>Year 11</u>

tball	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
nton Ne	4/9/23	11/9/23	18/9/23	25/9/23	2/10/23	9/10/23	16/10/23	6/11/23	13/11/23	20/11/23	27/11/23	4/12/23	11/12/23
Cycle 1: Badmir FootballGyr	Netball Badminton Football Table tennis	Badminton Netball Table tennis Football	Badminton Netball Table tennis Football	Badminton Netball Table tennis Football									
	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 1
. HERE]	18/12/23	8/1/24	15/1/24	22/1/24	29/1/24	5/2/24	19/2/24	26/2/24	4/3/24	11/3/24	18/3/24	25/3/24	15/4/24
Cycle 2: [NAME UNIT	Badminton Netball Table tennis Football	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness						
	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?

	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13
T HERE]	22/4/24	29/4/24	6/5/24	13/5/24	20/5/24	27/5/24	10/6/24	17/6/24	24/6/24	1/7/24	8/7/24	15/7/24	
Cycle 3: [NAME UNIT	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Team building Fitness Team building Fitness	Athletics Rounders Cricket Athletics	Intervention							
	Why do we have Rules?	Positive team player?	Active healthy lifestyles?	Why is knowledge important?	What is ready position?	Fundamental movement skills?	Movement proficiency ?	Developing a growth mindset?	Developing tactical understanding?	Decision making?	Why do we have Rules?	Positive team player?	